



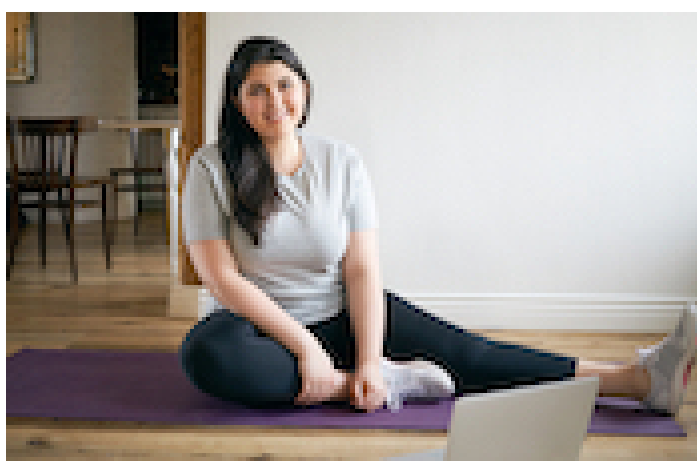
Dry January | Weight Loss Surgery
Heartburn Relief | Baby's First Doctor's Visit



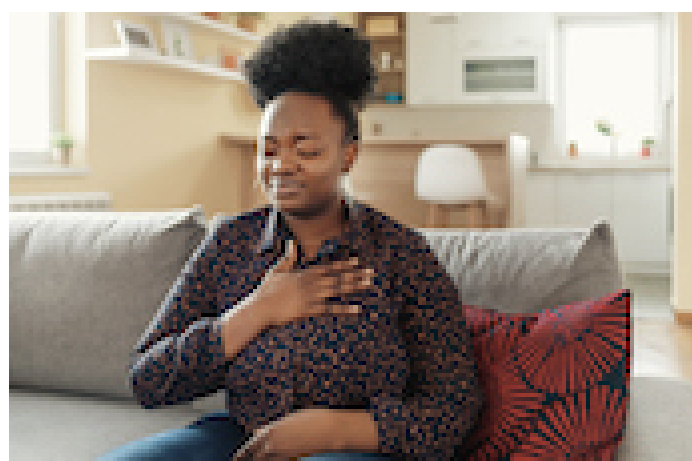
Why Dry January Has Its Drawbacks

You've probably heard someone talk about Dry January or going alcohol-free for one month. Maybe you've considered giving it a shot. While taking a break from booze is a good thing, Dry January comes with potential pitfalls.

[Learn More](#)



Bariatric Surgery: How Weight Loss Surgery Can Help



Essential Steps to Find Heartburn Relief



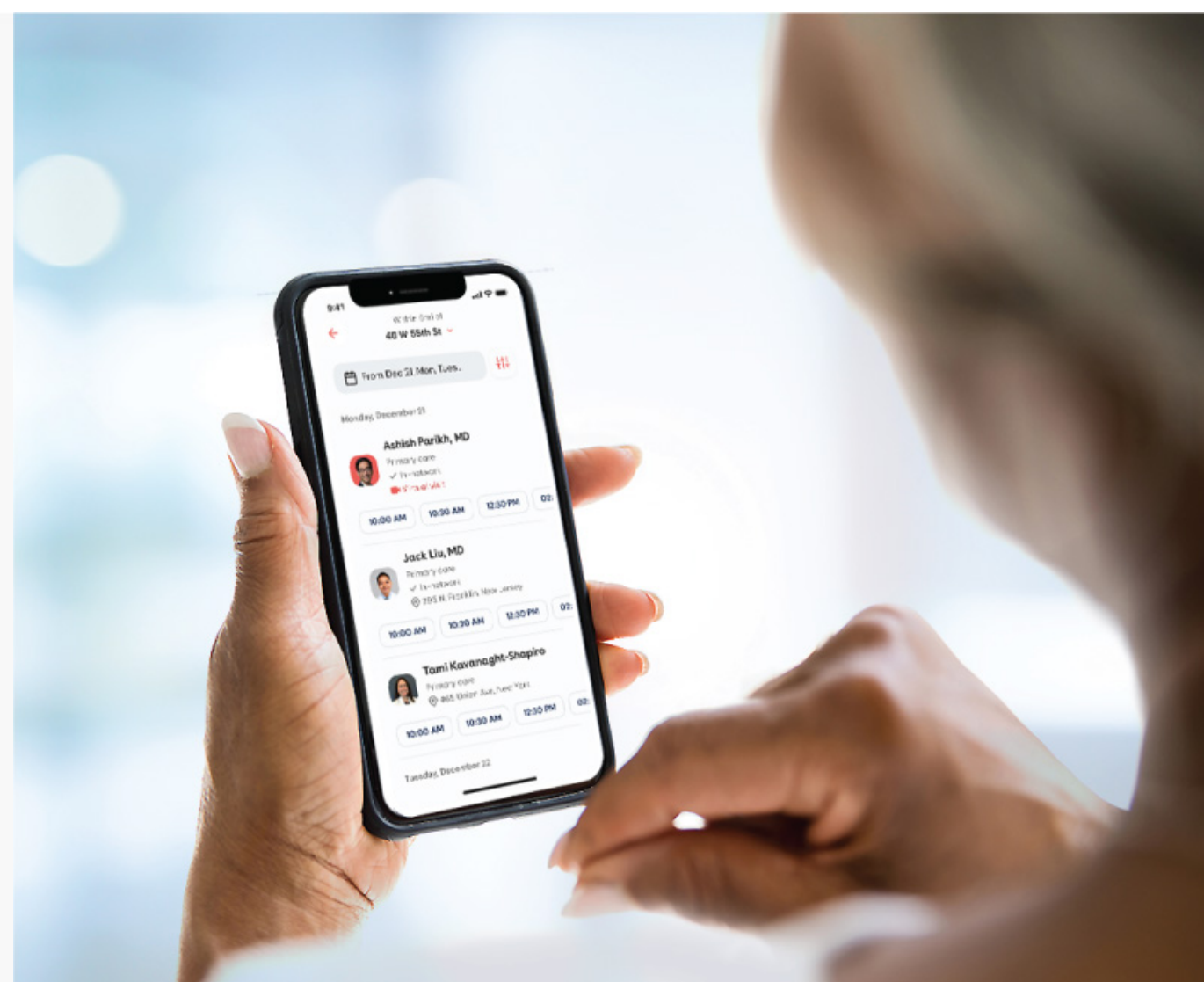
Baby's First Doctor's Visit

"Dr. Alexandra Argiroff spent time with me patiently answering questions and making sure I understood the procedure I was having. I would recommend her very highly!"

~Summit Health Bariatric Surgery patient

Download the My Summit Health app today!

Connected care at your fingertips



[PROVIDERS](#) | [SERVICES](#) | [PATIENT PORTAL](#)

[Comments or Questions?](#)

